

COURSE CATALOG

Spring Term 2024

April 1 - June 6

Online, In-Person & Hybrid Options!



Priority Registration Deadline:
Tuesday, March 5, 9 AM



PHAME

*Creating art.
Expanding possibility.*



About Spring Term

Spring is the time for new beginnings—try something new with PHAME! Want to dive deeper into theatre arts? Check out Commedia (that’s the class that uses masks!). Are you interested in taking your storytelling to the next level? Join our new Playwriting class and work on PHAME’s 2025 summer project. Are you curious about video? Our MetroEast Video Cohort is the perfect fit for you.

With excellent classes, weekly Visiting Artist Workshops, CC Hallways, an online Cabaret, and more, there is so much happening at PHAME this spring. Join us!

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Key Dates

Tuesday, March 5:

- Priority Deadline for registration forms (by 9 AM)

Monday, March 25:

- Last day to register or add a class without a fee
- Last day to drop a class and only pay the \$10 registration fee
- Tuition Assistance Forms due (students must apply once a year, beginning again each fall)

Sunday, March 31:

- All students taking online classes receive their Zoom links no later than this date

Monday, April 1:

- Spring Term begins

Friday, April 12:

- Last day to drop a class and only pay 25% (or \$10, whichever is higher). After this date there are no refunds and students must pay 100% of tuition owed.

Monday, May 27:

- PHAME closed in observance of Memorial Day (no classes)

Wednesday, May 29:

- Online Cabaret (6:30-8 PM)

Thursday, June 6:

- Spring Term ends

Friday, June 7:

- Get PHAMEous (6-8 PM)

Step-By-Step Registration Instructions

These instructions are for current students. For information on becoming a PHAME student, see the inside back cover.

- 1. Choose your classes:** Read the course descriptions in this catalog and decide which classes you'd like to take. We recommend choosing a few back-up classes in case you don't get into your top choices.
 - **Check the requirements:** Some classes require instructor permission, prerequisites or previous experience. Make sure you meet the requirements for the classes you wish to take.
 - **Check for scheduling conflicts:** Make sure that your classes don't conflict with each other, and that all of your classes fit with your personal schedule. If you're taking both online and in-person classes on the same day, you should make sure you can be home in time for your online classes. Students may not take their online classes from the PHAME campus.
- 2. Read our registration policies (pages 40-42).**
- 3. Fill out our digital registration form*:** You can find it here: www.phamepdx.org/registration. For the best chance at getting the classes you want, fill out the form by the priority deadline: Tuesday, March 5, by 9 AM. After this deadline you can still fill out the form, but many classes will have already filled. Note that filling out the form does not guarantee that you will be placed in the class.
- 4. Check your email:** After Tuesday, March 5, 9 AM passes, we process all the registration forms we have received. We do this in a random order, so it doesn't matter if you sent your form in early, or five minutes before the deadline. Once we process your form, you will receive an order confirmation email listing the classes we have placed you in. If you were waitlisted, we will send you a second email to explain.

5. Find out how much you owe:

- If you pay full price for PHAME classes, your order confirmation email will show the amount you owe.
- If you get Tuition Assistance, your order confirmation email will show the amount before Tuition Assistance is applied. We will send you another email, showing the adjusted price, after we process your Tuition Assistance request (it can take about a week for us to send you this additional email).

6. Pay for your classes: Our preferred payment option is to pay by check, but you can also pay with a credit or debit card. See page 40 for more information about how to pay.

7. Get ready for the term: The week before classes begin, we'll send you a reminder email listing what classes you're registered for. If you're taking online classes, you'll also receive an email containing the Zoom link no later than the Sunday before the term begins. In addition, we'll also send you monthly emails about what's happening at PHAME—you'll receive the first email the Sunday before the term begins.

8. Join your class: For online classes, click on the Zoom link provided in the email from PHAME staff to join the class (or enter the meeting ID into your Zoom app).

If you need to make changes to your registration after you receive your registration confirmation email, you may do so by calling Alex at (503) 764-9718 ext. 18. Fees may apply.

A note about Tuition Assistance: Students who need Tuition Assistance must apply once per school year, beginning again every fall. That means that all students needing Tuition Assistance must submit a new form in the fall. You can learn more about Tuition Assistance and submit your form here: www.phamepdx.org/tuitionassistance

*Students who cannot access the digital registration form can call Alex for assistance at (503) 764-9718 ext. 18.

MONDAYS

Improv Theatre	11:00 AM-12:15 PM	Grace
Drumming (Section 1)	11:00 AM-12:15 PM	Grace
Guest Artist Workshops	12:45 PM-2:15 PM	Grace
Vocal Studio (Section 1)	2:30 PM-3:45 PM	Hybrid: Grace Church & Online
Commedia dell'arte - Technique	2:30 PM-3:45 PM	Grace
Yoga	3:00 PM-4:15 PM	Online
Songwriting	4:00 PM-5:15 PM	Grace/Hybrid
Improvisational Dance	4:00 PM-5:15 PM	Grace

TUESDAYS

Visual Art: Printmaking - Technique	11:30 AM-1:00 PM	Grace
Mixed Ensemble - Lab	11:30 AM-1:00 PM	Grace
Drawing	1:30 PM-2:45 PM	Online
Ballet	1:30 PM-2:45 PM	Grace
Drumming (Section 2)	1:30 PM-2:45 PM	Grace
Rock Ensemble - Lab	3:15 PM-4:45 PM	Grace
Voice Acting - Technique	3:15 PM-4:30 PM	Grace

Program Space Address:

Grace Memorial Episcopal Church:
1535 NE 17th Ave, Portland, OR 97232

Classes marked "Technique" or "Lab" require prerequisites or instructor approval. See the course descriptions for more information.

WEDNESDAYS

Kick It Up	11:00 AM-12:15 PM	Online
Radio Drama: Post Production - Technique	11:00 AM-12:15 PM	Grace
Digital Photography	11:00 AM-12:15 PM	Grace
Acting	12:30 PM-1:45 PM	Online
Broadway Dance	12:45 PM-2:00 PM	Grace
Playwrighting	12:45 PM-2:00 PM	Grace
MetroEast Video Cohort	2:30 PM-4:30 PM	Grace
CC Hallway	2:45 PM-3:45 PM	Online
Drop-In Mindfulness & Meditation	3:50 PM-4:20 PM	Online
Memoir Writing	5:30 PM-6:45 PM	Online

THURSDAYS

Musical Theatre (Section 1)	10:45 AM-12:00 PM	Grace
Comedy Troupe - Lab	10:45 AM-12:15 PM	Grace
Mixed Media Sampler	12:30 PM-1:45 PM	Grace
Dance Evolution - Lab	12:30 PM-2:00 PM	Grace
Musical Theatre (Section 2)	12:45 PM-2:00 PM	Online
Puppet Making	2:15 PM-3:30 PM	Grace
Vocal Studio (Section 2)	2:15 PM-3:30 PM	Grace
Choir	4:00 PM-5:15 PM	Hybrid: Grace Church & Online

Workshops at The Reser

Musical Theatre Workshops

We're excited to offer a series of three Musical Theatre workshops at The Patricia Reser Center for the Arts in Beaverton this spring. These workshops will introduce you to the world of contemporary musical theatre, decade by decade. Students in the workshops will learn about a pivotal musical from a decade through song and dance. Sign up for one, two, or all three!

Friday, April 12, 12:30-2:30 PM: *The 1990s*

Friday, May 10, 12:30-2:30 PM: *The 2000s*

Friday, May 31, 12:30-2:30 PM: *The 2010s through today*

These workshops are taught by PHAME Teaching Artists and are great for any PHAME student looking to enhance their musical theatre knowledge and skills, and are also a great way for new students to get to know PHAME. These workshops are open to students of all experience levels.

Workshops are \$30 each. Tuition Assistance is available. More information about The Reser, including the address, is on page 36. Maximum capacity for each workshop: 15.

Registration deadlines note:

The last day to add or drop a workshop is seven days before the workshop date. Students who drop a workshop less than seven days before the workshop date, or who sign up but do not attend the workshop, must pay the full price of the workshop. Students are encouraged to register for workshops early, as these will fill quickly.

Events

Cabaret

Wednesday, May 29, 6:30-8 PM, Online

Students share short performances in this fun and casual online event. A sign up sheet will be shared with students via email in the month before the event.

Get PHAMEous Open House

Friday, June 7, 6-8 PM, at Grace Church and Online

Our Get PHAMEous open house is a great way to see what students have been working on in a selection of classes, and to connect with PHAME students, staff, and supporters. No tickets required—Get PHAMEous is free, all ages, and open to the public.

Other Programming

Free and open to students registered for one or more classes.

CC Hallways

Online

Wednesdays, 2:45-3:45 PM

CC Hallways are free online hangouts that happen every week of the term. Come say hi, check in with PHAME friends, and participate in a structured activity led by a Campus Coordinator.

Drop-In Mindfulness & Meditation

Wednesdays, 3:50-4:20 PM Online (with Teaching Artists Lea Mulligan & Billy Grossman)

In these calming and informative weekly sessions, students will learn simple and effective techniques for living fully in the present moment and clearing the mind. If you plan to join a Mindfulness & Meditation session, please be on time.

We will share the link for CC Hallways and Meditation with students via email at the beginning of the term.

Weekly Guest Artist Workshops

Mondays, 12:45-2:15 PM, in person at Grace Church

We are thrilled to again be welcoming a guest artist every Monday this term to present free workshops for PHAME students. We'll be covering a range of topics including theatre, writing, and more. The list of upcoming workshops and a sign up sheet will be available at the CC desk. Students may also email RaChelle to sign up at rschmidt@phamepdx.org.

Guest artist spotlight: Write Around Portland

On the second Monday of every month this school year, the guest artist workshop will be hosted by Write Around Portland. The workshops will incorporate exercises to inspire the writing life, and the year will culminate in an anthology publication and public reading. The workshops are open to writers of all levels and experience. Students do not need to attend every session of the year, however they are welcome to do so. This workshop will have a firm cap of 18 students, so please make sure to sign up.

Cultural Diversity Awareness Committee

The CDAC celebrates and bolsters the different kinds of diversity that exist in the PHAME community through fun and educational events, such as PHAME's annual Disability Pride Celebration.

The committee meets monthly on Zoom. Students of any and all identity groups are welcome. If you are interested in joining the committee, or want to learn more, contact CDAC@phamepdx.org.

Types of Classes

PHAME classes generally fall into three categories: Exploratory Classes, Technique Classes, and Lab Classes. Course descriptions will indicate which category the class falls under.

EXPLORATORY

Exploratory Classes focus on developing creative skills and expanding your artistic community. These classes will help you explore the basic foundations of different art forms and are a great way to try out something new or grow your daily artistic practice. Students are welcome to take these classes as many times as they like. These classes require very little work outside of class.

- Designed to be accessible to all PHAME students
- Designed to be offered/taken on an ongoing basis
- Process based
- Create strong foundations for an artistic process
- Enforce the idea of daily practice in art
- Strong community focus

TECHNIQUE

Technique Classes are for students who already have a foundation of skills in an art form and want to dive into a specific topic and gain technical expertise. These classes will help grow students' personal art practice. Students in these classes will sometimes be asked to work on projects and assignments outside of class. These classes will often

- Have a prerequisite of an Exploratory Class, or instructor approval
- Focus on a specific topic
- Some homework or independent study assignments
- Often share work inside of PHAME

Technique classes, continued

share work with the larger PHAME community, and may participate in collaborations with other classes. To register for a Technique Class, students must have taken the listed prerequisite class, or get instructor approval.

LABS

Labs are designed to explore advanced concepts and specific skills related to a particular art form or performance skill. They also may provide opportunities for students to share their work outside of the PHAME community through performances, shows or screenings. These classes require a significant amount of work outside of class meeting times, and students need to

bring a strong work ethic, a collaborative team-based mindset, and plenty of creative energy. Because these classes focus on larger projects, students in Project Labs and Ensembles are strongly encouraged to enroll in the class for the whole school year.

Entry into a Lab class requires permission from the instructor. Instructors for these classes will send invitations to students who they have already identified as a good fit for the subject matter, however each student must still list the class on their registration form. Students who do not receive an invitation for a lab may contact the instructor about either setting up an audition or providing work samples for consideration. Students who have not been approved by the instructor will not be placed in the class.

- Audition or instructor approval required to join
- Product/project based
- Student interest leads direction of classes
- Usually, smaller class sizes with lots of individual instruction
- Often share work publicly
- Longer class time

ONLINE, IN-PERSON, & HYBRID CLASSES

What's the difference?

Online classes meet on Zoom and students can join these classes from anywhere with an internet connection. Sometimes we even have students joining from the across the country! In addition to the Teaching Artist, each online class is also assigned a Campus Coordinator who can assist with tech support and other student support needs.

In-person classes are held at Grace Church in NE Portland. Any student participating in in-person classes or other in-person programming is expected to comply with PHAME's Wellness Policy & Covid Requirements, which includes requirements for staying home when you're sick, as well as additional safety protocols that go in effect if virus rates rise in our area. (More information on page 38)

Hybrid classes allow students to join the class online OR in person. Students are welcome to come in person some weeks, and online other weeks, or choose the same option every week. When filling out the registration form, you will see that we no longer list an "online-only" option for Hybrid classes—all students will choose the "Hybrid" option on the registration form. Note that any student who attends in person is expected to comply with PHAME's Wellness Policy & Covid Requirements. (More information on page 38)



CLASS DESCRIPTIONS

We now list online, in-person, and hybrid classes together!

Read the course descriptions to learn about each class, or watch our course description videos at phamepdx.org/classvideos (or scan the QR code with your phone).



For information about safety requirements for in-person classes, as well as information about our campus, please see page 36-39.

For more information on how to use Zoom for online classes, as well as answers to frequently asked questions about online classes, please see page 34-35.

Improv Theatre (\$195) *In-person*

Type: Exploratory Class (open to all students)

Mondays, 11:00 AM-12:15 PM

Teaching Artist(s): Nick Condon

Location: Grace

Spots Available: 12

Conflicts: This class conflicts with Drumming (Section 1, In-Person) and may conflict with one or more online classes.

Improv is a form of theatre that is created on the spot without the use of scripts. In this exploratory acting class, students will work together to create spontaneous—and often funny—original scenes. Class time will explore improv through games, prompts, and collaboration. Improv Theatre does not require any supplies and is appropriate for all skill levels.

CLASS DESCRIPTIONS

Drumming (Section 1) (\$195) *In-person*

Type: Exploratory Class (open to all students)

Mondays, 11:00 AM-12:15 PM

Teaching Artist(s): Alex Geffel

Location: Grace

Spots Available: 12

Conflicts: This class conflicts with Improv Theatre (In-Person) and may conflict with one or more online classes.

This class focuses on basic rhythm skills while immersing students in percussion instruments from all over the world. Students will explore a mix of acoustic drums, hand clapping, bongos, congas, djembe, doumbek, shakers and more. No previous experience necessary; PHAME will provide instruments.

Two sections of this class are offered. While the curriculum is very similar, the sections are taught by different instructors, and students are welcome to take both sections if they like.

Vocal Studio (Section 1) - Hybrid (\$195) *Hybrid*

Type: Exploratory Class (open to all students)

Mondays, 2:30 PM-3:45 PM

Teaching Artist(s): Tess Raunig

Location: Grace/Hybrid

Spots Available: 8

Conflicts: The class conflicts with Commedia dell'arte (In-Person) and may conflict with one or more online classes.

This intensive music class focuses on the fundamentals of good singing technique and the development of each student's personal solo repertoire. Class will begin with group warm-ups, and students will then receive one-on-one mini lessons with the instructor. Students will be expected to practice outside of class time.

This class is hybrid, meaning students can choose to attend in-person or online. Students who choose to come in person must



agree to comply with PHAME's in-person safety protocols.

This class has a section 1 and section 2; students should only sign up for one section.

Commedia dell'arte - Technique (\$195) *In-person*

Type: Technique class (prerequisite: Improv Theatre or Actor's Workout)

Mondays, 2:30 PM-3:45 PM

Teaching Artist(s): Laura Loy

Location: Grace

Spots Available: 10

Conflicts: This class conflicts with Vocal Studio (Section 1, Hybrid) and may conflict with one or more online classes.

Commedia is a fun and energetic theatrical art form that began in 16th century Italy. Using masks that represent different stock "types"—such as the Lover, the Clown, and the Brave Capitano—students will build a knowledge of the performance style while improvising and creating funny scenes as an ensemble.

Registration Requirements: This is a technique level class. In order to register for the class, students must have already taken Improv or Acting at least once OR must request permission from Laura (email lloy@phamepdx.org) prior to registering.



CLASS DESCRIPTIONS

Yoga (\$195) *Online*

Type: Exploratory Class (open to all students)

Mondays, 3:00 PM-4:15 PM

Teaching Artist(s): Amaya Alvarado

Location: Online

Spots Available: 10

Conflicts: This class conflicts with Vocal Studio (Section 1, Hybrid) and may conflict with one or more in-person classes.

In this introductory Yoga class, explore breath work, meditation, relaxation, and simple yoga poses that can be done at home. No special equipment required.

Songwriting - Hybrid (\$195) *Hybrid*

Type: Exploratory Class (open to all students)

Mondays, 4:00 PM-5:15 PM

Teaching Artist(s): Tess Raunig

Location: Grace/Hybrid

Spots Available: 8

Conflicts: This class conflicts with Dance (In-Person) and may conflict with one or more online classes.

Learn to combine original melodies with compelling lyrics in this collaborative songwriting class. Students will work together to create an original song for PHAME's 2025 production, which will be a collaboration with Portland Revels, and will also learn to write songs based on their own experiences. Whether you're a musician interested in writing your own songs, a writer looking to create songs for others to sing—or if you simply love music and want to know what songwriting is all about—this class will introduce you to the nuts and bolts of writing a great song. Students will be expected to do some writing outside of class time.

This class is hybrid, meaning students can choose to attend in-person or online. Students who choose to come in person must agree to comply with PHAME's in-person safety protocols.



Improvitational Dance (\$195) In-person

Type: Exploratory Class (open to all students)

Mondays, 4:00 PM-5:15 PM

Teaching Artist(s): Denise Busch

Location: Grace

Spots Available: 12

Conflicts: This class conflicts with Songwriting (Hybrid) and may conflict with one or more online classes.



Dance in new and unexpected ways! Our newest dance class uses the DanceAbility method to explore the basic principles of improvisational dance, sensation, relationship, time, and design while honoring everyone's unique movement language. Class time will include activities/exercises in solos, small groupings and the entire class using the principles of improvisational movement. This class is open to students with and without dance experience; dance moves can be modified for students with mobility limitations, and students of all physical abilities are welcome.

Visual Art Technique: Printmaking (\$220) In-person

Type: Technique class (prerequisite: Visual Art)

Tuesdays, 11:30 AM-1:00 PM

Teaching Artist(s): Linnea Solveig

Location: Grace

Spots Available: 10

Conflicts: This class conflicts with Mixed Ensemble Lab (In-Person) and may conflict with one or more online classes.

Develop your visual artwork from exploration to finished project in this technical class. This term will focus on printmaking and students will learn a variety of techniques including monotype. Students will work on one or two big printmaking projects over the term to hone their creative skills and will practice planning, art techniques, patience, and attention to detail. Students should come to this class prepared to examine and expand their artistic practice.

Registration Requirements: This is a technique level class. In order

CLASS DESCRIPTIONS

to register for the class, students must have already taken Visual Art, Drawing, Mixed Media Sampler or Puppet Making at least once OR must request permission from Linnea (email lsolveig@phamepdx.org) prior to registering.

Mixed Ensemble - Lab (\$220) *In-person*

Type: Lab (instructor approval required)

Tuesdays, 11:30 AM-1:00 PM

Teaching Artist(s): Dave Chachere & Stephanie Scelza

Location: Grace

Spots Available: 8

Conflicts: This class conflicts with Visual Art Technique (In-Person) and may conflict with one or more online classes.

The Mixed Ensemble, also known as Chameleonica, is a small group of musical performers that combines voices, iPads, and traditional instruments to form a dynamic performance group. Students will be expected to attend regular rehearsals and to also learn, rehearse, and record their parts outside of regularly scheduled rehearsal time.

Students in the Mixed Ensemble will tackle advanced musical concepts like polyrhythm and advanced harmonies with songs spanning a variety of genres in rock, pop, and other types of



music. The ensemble will perform as its own stand-alone group and in concert with PHAME's Choir and Rock Ensemble. Students will be expected to bring a strong work ethic and a spirit of collaboration to the group, and are encouraged to commit to the class for the whole school year (fall, winter, spring).

Registration requirements: Participation is subject to instructor approval. Select students will be directly invited to participate by Dave or Stephanie. Students may also apply to be in the ensemble by scheduling an audition with Dave or Stephanie—email them at dchachere@phamepdx.org or sscelza@phamepdx.org. Students who have taken Mixed Ensemble in the past are already approved to register. Students who have not been approved by the instructors will not be placed in the ensemble.

Drawing (\$195) *Online*

Type: Exploratory Class (open to all students)

Tuesdays, 1:30 PM-2:45 PM

Teaching Artist(s): Billy Grossman

Location: Online

Spots Available: 12

Conflicts: This class has no online conflicts but may conflict with one or more in-person classes.

Get your creativity flowing in this imaginative and playful art class. This class will focus on drawing. Students will be introduced to the work of contemporary artists and will learn about art history, and will also be challenged to ask themselves the question, What kind of art do I like to make, and why is it important to me? Come hone your technical skills while developing your own artistic voice! Students will need paper and a pencil or pen, however are welcome to use additional art supplies if they have them.

Ballet (\$195) *In-person*

Type: Exploratory Class (open to all students)

Tuesdays, 1:30 PM-2:45 PM

Teaching Artist(s): Sarah Brown

Location: Grace

Spots Available: 15

Conflicts: This class conflicts with Drumming (Section 2, In-

CLASS DESCRIPTIONS

Person) and may conflict with one or more online classes.

Learn the fundamentals of ballet plus a whole lot more! Come prepared to plié and point, tendu and twist, chassé and make shapes. Dance moves can be modified for students with mobility limitations, and students of all physical abilities are welcome. This class is offered in partnership with Oregon Ballet Theatre.

Drumming (Section 2) (\$195) *In-person*

Type: Exploratory Class (open to all students)

Tuesdays, 1:30 PM-2:45 PM

Teaching Artist(s): Dave Chachere

Location: Grace

Spots Available: 12

Conflicts: This class conflicts with Ballet (In-Person) and may conflict with one or more online classes.

This class focuses on basic rhythm skills while immersing students in percussion instruments from all over the world. Students will explore a mix of acoustic drums, hand clapping, bongos, congas, djembe, doumbek, shakers and more. No previous experience necessary; PHAME will provide instruments.

Two sections of this class are offered. While the curriculum is very similar, the sections are taught by different instructors, and students are welcome to take both sections if they like.



Rock Ensemble - Lab (\$220) *In-person*

Type: Lab (instructor approval required)

Tuesdays, 3:15 PM-4:45 PM

Teaching Artist(s): Tess Raunig & Stephanie Scelza

Location: Grace

Spots Available: 20

Conflicts: This class conflicts with Voice Acting Technique (In-Person) and may conflict with one or more online classes.

The Rock Ensemble is an auditioned, rehearsal-based class where students learn to sing popular music from pop, rock, and jazz genres. This group performs as a standalone group and also performs with other PHAME ensembles throughout the year. Students are encouraged to commit to the class for the whole school year (fall, winter, spring).

Registration requirements: Participation is subject to the approval of instructor Tess Raunig. To schedule your audition, please email traunig@phamepdx.org. Students who have taken Rock Ensemble in the past are already approved to register. Students who have not been approved by Tess will not be placed in the ensemble.

Voice Acting - Technique (\$195) *In-person*

Type: Technique class (prerequisite: Acting, Voice Acting, Musical Theatre, Radio Drama)

Tuesdays, 3:15 PM-4:30 PM

Teaching Artist(s): Jason Rouse

Location: Grace

Spots Available: 12

Conflicts: This class conflicts with Rock Ensemble (In-Person) and may conflict with one or more online classes.

Sharpen your voice acting skills and learn about the business of voice acting. Students will learn how turn a script into a performance using inflection, pacing, diction, emotion, and accents. This course will also incorporate rehearsal techniques, how to take direction, making artistic choices, and preparing commercial scripts. This class will have homework assignments and includes some reading.

CLASS DESCRIPTIONS

Registration Requirements: This is a technique level class. In order to register for the class, students must have already taken Acting, Voice Acting, Musical Theatre, or Radio Drama at least once OR must request permission from Jason (email jrouse@phamepdx.org) prior to registering.

Kick It Up (\$195) Online

Type: Exploratory Class (open to all students)

Wednesdays, 11:00 AM-12:15 PM

Teaching Artist(s): Nicholas O Christopher

Location: Online

Spots Available: 15

Conflicts: This class has no online conflicts but may conflict with one or more in-person classes.

Dance your heart out while listening to high energy jams! This class combines popular music and dance moves, cardio, and coordination. No dance experience necessary, moves can be modified for students with different levels of fitness and mobility. Wear comfortable clothes and make sure you have some space to move.

Radio Drama: Post Production - Technique (\$195)

In-person

Type: Technique Class (prerequisite: Voice Acting, Scene Study, Radio Drama, Playwriting, Memoir Writing or Acting)

Wednesdays, 11:00 AM-12:15 PM

Teaching Artist(s): Laura Loy & Stephanie Scelza

Location: Grace

Spots Available: 10

Conflicts: This class conflicts with Digital Photography (In-Person) and may conflict with one or more online classes.

Radio Drama is a little different this year! We're creating one radio drama over three terms, so students can be more involved in the entire production. For Spring Term (Radio Drama: Post Production), students will take the voice acting, foley, and

soundscape recordings created during Winter Term and will craft them into an engaging audio story. We will focus on the post-production aspects of making a radio drama, starting with learning editing software. Students will then progress to cutting and arranging audio files while honing their storytelling skills, and will end the term with a finished recording ready to share with the world. Students should come to class prepared to work collaboratively and individually on computers and iPads. This class will have homework assignments.

Registration Requirements: This is a technique level class. In order to register for the class, students must have already taken Voice Acting, Scene Study, Radio Drama, Playwrighting, Memoir Writing or Acting at least once OR must request permission from Laura (email lloy@phamepdx.org) prior to registering.

Digital Photography (\$195) *In-person*

Type: Exploratory Class (open to all students)

Wednesdays, 11:00 AM-12:15 PM

Teaching Artist(s): Dave Chachere

Location: Grace

Spots Available: 10

Conflicts: This class conflicts with Radio Drama Technique (In-Person) but may conflict with one or more online classes.

Anyone can take pictures, but you need to understand what's happening "under the hood" to take your photos to the next level. This exploratory class will teach students about light and shadow, composition, color, perspective, and other tools for creating compelling photographs. Students are strongly encouraged to use their own cameras, however PHAME has a limited number of cameras to use in class and to check out for at-home use.

CLASS DESCRIPTIONS

Acting (\$195) Online

Type: Exploratory Class (open to all students)

Wednesdays, 12:30 PM-1:45 PM

Teaching Artist(s): Lucas Salazar

Location: Online

Spots Available: 10

Conflicts: This class has no online conflicts but may conflict with one or more in-person classes.

An actor's instrument is their body. Students in this class will hone their skills as they build an 'actor's toolbox' through theatre games and exercises. The class will explore movement, character creation, and a variety of acting styles. This class is appropriate for all skill levels.



Broadway Dance (\$195) In-person

Type: Exploratory Class (open to all students)

Wednesdays, 12:45 PM-2:00 PM

Teaching Artist(s): Laura Loy

Location: Grace

Spots Available: 15

Conflicts: This class conflicts with Playwrighting (In-Person) and may conflict with one or more online classes.

Reach for the stars as you learn Broadway-style dance and classic choreography. You'll also learn about the choreographers and watch clips of famous performances. Come to class prepared to move: you'll stretch, practice dance steps, and recreate fun dance numbers from musicals. Singing along encouraged but not required! Broadway Dance does not require any supplies and is appropriate for all skill levels.

Playwrighting (\$195) In-person

Type: Exploratory Class (open to all students)

Wednesdays, 12:45 PM-2:00 PM

Teaching Artist(s): Sarah Jean Accuardi from LineStorm & guests

Location: Grace

Spots Available: 8

Conflicts: This class conflicts with Broadway Dance (In-Person) and may conflict with one or more online classes.

Write the script for PHAME's 2025 production—a collaboration with Portland Revels! In this writing-intensive class led by playwrights from LineStorm Playwrights, students will take the work from Winter Term's Devising class to collaboratively create a written script. Students will craft the plot arc and scenes, hone characters, write dialog, advise on music choices, and edit their



CLASS DESCRIPTIONS

work. This class will have homework assignments.

MetroEast Video Cohort (FREE)

In-person

Type: Free programming

Wednesdays, 2:30 PM-4:30 PM

Teaching Artist(s): MetroEast with support from Lucas Salazar

Location: Grace

Spots Available: 15

Conflicts: This class has no in-person conflicts but may conflict with one or more online classes.

Have you always wanted to make videos but haven't known where to start? Join our MetroEast Video Cohort!

MetroEast is a nonprofit Community Media Center that teaches the public how to create their own media, and they are excited to show PHAME students how to tell their stories using video. Each class will cover one or more filmmaking topics, from various shot types (wide/ medium/ close) to how to record good quality audio. Instructors will demonstrate concepts and will then let students get hands-on practice. As the cohort progresses, students will plan their movies using pitches and storyboards, and will create short (2-3 minute) interview films. Students will be introduced to the editing process and will end the term by sharing their final videos. Students will use PHAME iPads to create and edit their videos. No additional supplies are needed.



Note that there is no charge for this class due to generous funding from Mt. Hood Cable Regulatory Commission.

Memoir Writing (\$195) Online

Type: Exploratory Class (open to all students)

Wednesdays, 5:30 PM-6:45 PM

Teaching Artist(s): Stephanie Scelza

Location: Online

Spots Available: 10

Conflicts: This class has no online conflicts but may conflict with one or more in-person classes.

Nobody knows your story better than you. In this exploratory writing class, students will probe their own life experiences to create short autobiographies. Students will do in-class writing based on prompts, and will also do “freewriting” exercises where they will write about anything they want. Some class time will be devoted to discussing how different tenses (past tense, present tense, etc) and different points of view (your point of view, the point of view of a family member, etc) can change how a reader understands a story. Students can choose to use whatever writing device works best for them, which might include a computer, pen and paper, or a tablet with a dictation app.

Musical Theatre (Section 1) (\$195) In-person

Type: Exploratory Class (open to all students)

Thursdays, 10:45 AM-12:00 PM

Teaching Artist(s): Mark Steering

Location: Grace

Spots Available: 12

Conflicts: This class conflicts with Comedy Troupe (In-Person) and may conflict with one or more online classes.

Become a triple threat! In this lively class, students will explore scenes and songs from favorite musicals, sharpen song and dance skills, and develop understanding of musical theatre history. Class time will include warmups, singing, dancing, and acting exercises, videos, discussion, and specific instruction. Musical Theatre does



CLASS DESCRIPTIONS

not require any supplies and is appropriate for all skill levels.

This class has a section 1 and section 2; students should only sign up for one section.

Comedy Troupe - Lab (\$220) *In-person*

Type: Lab (instructor approval required)

Thursdays, 10:45 AM-12:15 PM

Teaching Artist(s): Nick Condon

Location: Grace

Spots Available: 8

Conflicts: This class conflicts with Musical Theatre (Section 1, In-



Person) and may conflict with one or more online classes.

Be a part of PHAME's Comedy Troupe! Students will practice improv, sketch, stand-up comedy, and creating performances. Students will be expected to bring a strong spirit of play and teamwork to this class, which will delve into the details of rehearsal for comedy performance. Students are encouraged to commit to the class for the whole school year (fall, winter, and spring).

Registration Requirements: Participation is subject to instructor Nick Condon's approval, and he is looking for more members to join the group! Student who previously participated in the Improv Troupe are automatically approved for the Comedy Troupe. Additional students will be directly invited to participate by Nick, but students may also apply to be in the Comedy Troupe by scheduling an audition with Nick—email him at ncondon@phamepdx.org. Students who have not been approved by Nick will not be placed in the lab.

Mixed Media Sampler (\$220) *In-person*

Type: Exploratory Class (open to all students)

Thursdays, 12:30 PM-1:45 PM

Teaching Artist(s): TBA

Location: Grace

Spots Available: 15

Conflicts: This class conflicts with Dance Evolution Lab (In-Person) and may conflict with one or more online classes.

Dabble in many arts and crafts in this new sampler class! Visiting artists from the Portland art community will lead students in creating in multiple visual art forms, including printmaking, collage, and more. Learn what visual art excites you by trying out many media over the course of one term. This class is appropriate for all skill levels.

CLASS DESCRIPTIONS

Dance Evolution - Lab (\$220) *In-person*

Type: Lab (instructor approval required)

Thursdays, 12:30 PM-2:00 PM

Teaching Artist(s): Sarah Brown

Location: Grace

Spots Available: 8

Conflicts: This class conflicts with Mixed Media Sampler (In-Person) and may conflict with one or more online classes.

Students in this higher level lab class will explore contemporary and traditional dance while also learning to incorporate their own personal movement styles. Special attention will be paid to technique, developing dance phrases, and building choreography. Students are encouraged to commit to the class for the whole school year (fall, winter, spring).

Registration requirements: Participation is subject to instructor Sarah Brown's approval. Select students will be directly invited to participate by Sarah. Students may also apply to be in the lab by scheduling an audition with Sarah—email her at sbrown@phamepdx.org. Students who have not been approved by Sarah will not be placed in the lab.



Musical Theatre (Section 2) (\$195) *Online*

Type: Exploratory Class (open to all students)

Thursdays, 12:45 PM-2:00 PM

Teaching Artist(s): Mark Steering

Location: Online

Spots Available: 12

Conflicts: This class has no online conflicts but may conflict with one or more in-person classes.

Become a triple threat! In this lively class, students will explore scenes and songs from favorite musicals, sharpen song and dance skills, and develop understanding of musical theatre history. Class time will include warmups, singing, dancing, and acting exercises, videos, discussion, and specific instruction. Musical Theatre does not require any supplies and is appropriate for all skill levels.

This class has a section 1 and section 2; students should only sign up for one section.

Puppet Making (\$195) *In-person*

Type: Exploratory Class (open to all students)

Thursdays, 2:15 PM-3:30 PM

Teaching Artist(s): Stephanie Scelza

Location: Grace

Spots Available: 10

Conflicts: The class conflicts with Vocal Studio (Section 2, In-Person) and may conflict with one or more online classes.

Make your own puppets using unexpected materials! Ranging from the basic sock puppet with drawn-on eyes, to elaborate creatures made from leaves and branches, this class will introduce you to a variety of methods for creating imaginative and original puppets. Basic supplies will be provided, however students will be asked to bring their own cardboard boxes and socks for some projects, and are encouraged to bring their own crafting supplies if they have them.

CLASS DESCRIPTIONS

Vocal Studio (Section 2) (\$195) *In-person*

Type: Exploratory Class (open to all students)

Thursdays, 2:15 PM-3:30 PM

Teaching Artist(s): Tess Raunig

Location: Grace

Spots Available: 8

Conflicts: This class conflicts with Puppet Making (In-Person) and may conflict with one or more online classes.

This intensive music class focuses on the fundamentals of good singing technique and the development of each student's personal solo repertoire. Class will begin with group warm-ups, and students will then receive one-on-one mini lessons with the instructor. Students will be expected to practice outside of class time.

This class has a section 1 and section 2; students should only sign up for one section.

Choir - Hybrid (\$195) *Hybrid*

Type: Exploratory Class (open to all students)

Thursdays, 4:00 PM-5:15 PM

Teaching Artist(s): Tess Raunig & Stephanie Scelza

Location: Grace/Hybrid

Spots Available: 50

Conflicts: This class has no in-person conflicts but may conflict with one or more online classes.

PHAME's largest class welcomes anyone who enjoys singing in a group, regardless of skill level. The majority of class time will be spent singing as a group. Come learn new songs and see many of your PHAME friends!

This class is hybrid, meaning students can choose to attend in-person or online. Students who choose to come in person must agree to comply with PHAME's in-person safety protocols.



Using Zoom for Online Classes

Overview:

Online classes are a great way to get the PHAME experience from home, no matter where you live! We host our online classes on Zoom, a popular video conferencing platform. It's easy to use, and if you run into trouble, our Campus Coordinators offer tech support before and during class.

If you're new to Zoom:

The first step is to sign up for a free Zoom account at www.zoom.us. After that, you're welcome to schedule a free 20-minute Zoom practice session with Alex. Email them at ageffel@phamepdx.org to find a time that works for both of you.

Zoom Links & Joining Your Class:

PHAME Teaching Artists will email students the Zoom link for their class the weekend before the term begins. Our Campus Coordinators will also email the link to students each week approximately 10 minutes before class begins, just to be sure students have it. The email from PHAME staff will also include the class' meeting ID and a dial-in number.

On the day and time of the class, students have multiple options for joining the class:

On a computer:

- Option 1: Open the email from PHAME that has the Zoom link. Click the link.
- Option 2: Go to zoom.us, click "join a meeting" and enter the Meeting ID.

On a tablet, iPad, or smart phone:

- Option 1: Open the email from PHAME that has the Zoom link. Click the link.
- Option 2: Open your Zoom app, click "join," and enter the Meeting ID.

Audio only:

- Students with vision impairments who only wish to access the audio on Zoom can dial in to the class by calling +1 253 215 8782 and entering the Meeting ID.

Frequently Asked Questions

Q: Do I need to have my camera on?

A: No, students are not required to have their cameras turned on.

Q: Do I need to mute myself when it's not my turn to talk?

A: Yes, please keep yourself on mute when it's not your turn, unless your Teaching Artist asks you to keep your mic on.

Q: What if I'm late, or if I need to miss part or all of a class?

A: Please do your best to arrive to class on-time. If you're late, you may still join, however please try to enter quietly without disrupting class. If you have to miss class, you can email your Teaching Artist to let them know.

Q: I would like to have my PSW or a family member in class with me. Is that ok?

A: PSWs and other support people are welcome to be on the Zoom with the student if they are in the same physical location and joining the Zoom from the same device.

A Note About Muting

When you join a Zoom, you may see a pop-up window with the question "Allow the host to unmute you in any meeting scheduled by them?"

This option gives PHAME staff the ability to unmute you. This can be particularly helpful for students who have trouble unmuting themselves. Otherwise, PHAME staff cannot unmute the student.

Selecting "allow" on this setting is completely optional. Note that if you do select "allow," it will allow the meeting host to unmute you in any Zoom meeting they host.

Campus Addresses & Info

Grace Memorial Church

All Spring Term classes are held at Grace.

Address: 1535 NE 17th Ave., Portland, OR 97232.

Phone (to reach the on-duty Campus Coordinator): (503) 764-9718 ext. 22.

Please enter and exit only through the red doors on NE 17th at Weidler (the doors with the ramp). Please do not enter through the courtyard.

Parking: We share a parking lot with Grace Church, and you and your support people are welcome to use it. The parking lot is located behind the church at the corner of NE 16th and Weidler.

Public Transportation: The neighborhood is served by multiple bus lines including the 17, 77, and 8, and the MAX is close by on the other side of Lloyd Center Mall.

The Patricia Reser Center for the Arts

Address: 12625 SW Crescent St., Beaverton, OR 97005.

Friday Musical Theatre workshops are held at The Reser.

The Reser is located on SW Crescent St. between SW Rose Biggi Ave. and SW Hall Blvd. in Beaverton.

Parking: Parking is available in the Beaverton Central District Garage, located on the west side of the building. Cost to park is \$1/hr.

Public Transportation:

- Max Blue Line: Take the Max Blue line to the Beaverton Central Stop. The Reser is across the street from this stop.
- Max Red Line or busses 20, 52, 53, 54, 57, 58, 61, 76, 78, and 88: Take the Red Max or any of these busses to the Beaverton Transit Center. This stop is a quarter mile east of the Reser.

Campus FAQ

Q: What time should I get to campus, and what time should I leave?

A: Please plan your ride so that you arrive on campus 0-30 minutes before your first class begins, and leave campus 0-30 minutes after your last class ends. If a student is still on campus 60 minutes after the last class of the day (or other PHAME programming), PHAME will contact emergency contacts and may order a taxi for the student. If a taxi is ordered, the student will be billed for the taxi.

Q: If I need help finding my class, or if I have a question, who can I ask?

A: We always have at least one Campus Coordinator (CC) on duty while campus is open and they are there to support students. You will find them by the main entrance (the red doors on NE 17th at Weidler).

Q: What if I'm late, or if I need to miss part or all of a class?

A: Please do your best to arrive to class on-time. If you're late, you may still join, however please try to enter quietly without disrupting class. If you have to miss class, that's ok. You can email your Teaching Artist to let them know, or speak with them after a class you do attend.

Q: I would like to have my PSW or a family member on campus with me. Is that ok?

A: PSWs and other support people are welcome to come with you to PHAME. If you need their support in class, they can be in the classroom with you. They're also welcome to hang out outside the classroom. PSWs and family members will be expected to comply with PHAME's Wellness Policy & Covid Requirements listed on pages 38-39, and with the PHAME Code of Conduct.

Wellness Policy & Covid Requirements

Introduction:

Safety is a high priority at PHAME, and we acknowledge that our student body includes many people with medical conditions that make getting sick dangerous. Because of this, our safety policies are sometimes more restrictive than what you will find at other organizations. Thank you for understanding and for helping us keep our community safe.

Wellness Policy:

By signing up for in-person classes, you agree to stay home if you have Covid or any other illness that can easily pass to people around you, like a cold or the flu. Anyone with Covid must avoid the PHAME campus until they are feeling better AND they have stayed home for the appropriate number of days (see www.phamepdx.org/wellness#FAQ). Please let us know if you test positive and were recently on campus.

If you are recovering from recent illness and are still showing symptoms, such as a lingering cough or runny nose, please wear a high-quality mask when on campus. Check with a Campus Coordinator if you have questions about whether or not you need a mask or what kinds of masks are acceptable.

Covid Safety Measures & Mask-O-Meter:

PHAME monitors Covid levels in our area and in our student body, and may ask students to answer simple health-related questions upon entering our campus. If local transmission rates and/or hospitalizations rise, or if significant exposure occurs on campus, PHAME may require more safety measures (including masks) upon entering any building where PHAME programming is being held. In extreme circumstances, we may move classes online.

Because our safety measures change depending on Covid rates, we communicate our current safety measures by updating our Mask-O-Meter, which has four colors defined as follows:

- Green: Masks optional; no health screening.
- Yellow: Masks required; light health screening questions upon arrival.
- Red: Masks required; more extensive health screening upon arrival; physical distancing practiced; modification of higher-risk behaviors such as singing in small spaces.
- Blue: PHAME campus closed temporarily and classes moved to meeting online; students alerted via phone.

Students are welcome to check the Mask-O-Meter graphic at www.phamepdx.org/wellness, which is updated weekly during term. However we will also email all in-person students when the color changes, and will keep masks on hand for any student who needs one. Mask-O-Meter color definitions are subject to change; PHAME will alert registered students to any changes via email.

Vaccination Requirements:

PHAME no longer requires proof of vaccination to participate in in person programming, however we strongly encourage everyone in our community to keep up to date with Covid and Flu vaccines.

Questions? Answers to many questions you may have can be found at www.phamepdx.org/wellness. You can also email Alex at ageffel@phamepdx.org.

Registration Policies, Tuition Assistance, & More

Paying for Classes

Paying by check is PHAME's preferred payment method (make your check out to PHAME). PHAME also accepts credit cards, debit cards, money orders, and cash.

Payment can be mailed to our mailing address: 1631 NE Broadway #134, Portland, OR 97232. To pay with a card by phone, please call Alex at (503) 764-9718 ext. 18. Cash payments must be made in person at the PHAME office (1511 NE 17th Ave., Portland, OR 97232), however please call Alex to schedule an appointment.

Payment plans of up to three payments are available. One third of payment is due by the first day of classes, and full payment must be received by the end of the term. We send invoices for unpaid registrations via email a week or two after registration starts, and again each month, so if you need an official invoice, you can wait until you receive that invoice to pay.

Registration Fees, Add/Drop Deadlines, & Class Cancellations

By filling out the registration form, you give PHAME permission to register you for the classes you have indicated on your form and you acknowledge that this is a binding agreement subject to the following PHAME policies.

Tuition for each class includes a \$10 non-refundable registration fee. The last day to drop a class without paying an additional fee is the Tuesday before the first week of the term. For classes dropped during the first or second week of the term, or in the week before the term begins, students will be responsible for paying 25% of tuition owed or \$10, whichever is greater. For classes dropped after the second week of the term, there are no refunds and

students will be responsible for 100% of tuition owed.

The last day to register or add a class without incurring a late fee is the Monday before the first week of the term. After that date, registration must be done by calling Alex at (503) 764-9718 ext. 18 and will incur a \$10 per class late registration fee.

Changes due to Covid: PHAME reserves the right to cancel classes prior to the start of term for any reason. Any tuition already paid will be refunded in full. In the event that PHAME moves in-person classes online *after the term begins* due to a surge in cases of Covid in our area or confirmed cases of Covid in our student population, students who do not wish to move online will have the option of a prorated refund or tuition credit, minus a \$10 registration fee.

Tuition Assistance

PHAME can provide Tuition Assistance to students who demonstrate financial need. Tuition Assistance ranges from 5-80%, with the maximum award being \$580 per term.

Students needing Tuition Assistance must apply once per school year, applying again every fall. To request Tuition Assistance, fill out our Tuition Assistance Request Form on our website at www.phamepdx.org/tuitionassistance. If you submitted your form in the fall, you do not need to apply again until Fall Term 2024.

Questions About Registration and Payment? Contact Alex!

Alex Geffel (they/she) is our Enrollment & Campus Operations Manager and is your first point of contact for questions about registration, tuition assistance, and paying your bill.



Phone: (503) 764-9718 ext. 18 | Email: ageffel@phamepdx.org

Emails From PHAME

We stay in touch with students by sending monthly email updates at the beginning of each month, and we occasionally send emails mid-month for last-minute schedule changes, event reminders, and other important program information.

We send these emails to all of the emails we have on file for each student (up to three emails per student). If you're not seeing these messages, check the "spam" or "junk" folder in your email—they might end up there. If you're still not seeing our emails, contact Alex at ageffel@phamepdx.org.



Back cover by Alec Lugo. All other photos by Mario Gallucci.



Thank You, Sponsors!

PHAME is supported in part by the following sponsors:



Find out how you can support PHAME at www.phamepdx.org/donate.

Become a Student

If you have not taken classes at PHAME before, the first step to becoming a student is to schedule a prospective student interview with Alex Geffel, PHAME's Enrollment & Campus Operations Manager. This interview is an opportunity for us to learn about you and what you would like to do at PHAME, and is also your chance to learn more about PHAME and what we offer.

To schedule your interview, please contact Alex at (503) 764-9718 ext. 18 or email them at ageffel@phamepdx.org. Please complete your interview before registering.

About PHAME

PHAME is a fine and performing arts academy serving adults with intellectual and developmental disabilities. Offering three ten-week terms of arts-based classes each year, as well as a rigorous performance program, PHAME empowers students to learn new skills, take artistic risks, and build lasting relationships with people who share their experience of having a disability.

PHAME is built upon the belief that art is for everyone, and that our community is stronger when it champions opportunities for all. With that in mind, PHAME brings passion, joy, and rigor to arts education and performance.



Contact Information

Phone: (503) 764-9718

Email: info@phamepdx.org

Web: www.phamepdx.org

Mailing Address: 1631 NE Broadway #134, Portland, OR 97232